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 Emotions, feelings, decisions, and right and wrong. As human beings we have to cross paths with these all the time in our everyday lives, these are the things that make up who we are and how we live as humans. Whether our everyday thoughts and opinions or physical material items are the things that we depend on most to control our lives is up for debate. Though we are all different, we will always have one thing in common with one another. That one thing is our ability to have and give thoughts and opinions of our own. A sense of fulfillment is one of those things that we can all feel or make others feel, the question is how is the sense of fulfilment best obtained. Is it by the physical material items that not all can be given and give or is it by the mental emotional thoughts that all of us humans have the luxury to both have and give. Personally, I believe that as people we are best provided a sense of fulfillment depending on our human emotions, feelings, decisions, and moral values rather than the disposable, physical, and material items.

 A sense of fulfilment itself is a human’s emotional feeling not a physical material item and so is the way it is obtained as well. Once when i was 10 years old my family entered a community raffle. It was 10 dollars a ticket and while they were calling out the winning numbers, being the observant child i was, i couldn't help but notice the man standing next to us, he was a much older man with a limp, all alone and seemed very anxious and quite frustrated. I observed as the man kept getting more anxious and frustrated as they called the winning numbers and none of his 3 tickets were getting called. That was when my dad pulled away my attention off the man as he told me I had won a 100$ gift card. At first I was so happy that I had won the physical item as my parents then began to ask me what I was going to buy with the gift card and if I was going to spend it wisely, as I thought it over and over, I just couldn't stop thinking about how frustrated the old man was that he had not won anything but bought 3 of the 10 dollar tickets when we only bought 1, as my parents awaited my response I looked up and told them ‘‘nothing, I don't want to use the gift card’’ after hearing my response they looked at me with confused looks on their faces and asked me what I was going to do with it so I looked up at them and looked and the disappointed old man and said “I want to give it to the man over there, he bought 3 tickets and we only bought 1 and he looks so sad, I don't need anything I just want things, he looks like he might need this’’ that was when my parents asked me if I was sure of my decision and as I nodded my head they smiled and told me to give it to the old man and shake his hand. That is exactly what I did and even though he refused at first I the arm twister of a person that I am convinced him to accept it, when I saw the smile on his face as he told me and my parents how grateful he was for my act of kindness my face lit up and I was overwhelmed with joy as the old man was about to leave he kneeled down, looked me in the eyes and said ‘’your parents have raised an angel and I hope you never change or stop being exactly the way you are, thank you.’’ for me in this situation it was how proud my parents were and how happy and grateful the old man was that made me the most fulfilled not that I won the materialistic gift card. Another example of emotion being the best provider of fulfilment rather than physical material things is something we all know or have known. It is the situation when someone homeless is on the side of the road holding a sign asking for money and the person who can gives them money. This is a perfect example because in this situation when the person gives they don't expect anything in return, they are simply fulfilled by doing a good deed for another person that isn't self serving .

 No one person on this earth is the same or equal to any other person. We all have different lives and different ways we lead or will lead or have lead these different lives. One thing is for sure though, even if not all of us can have or give physical items that make others feel a sense of fulfillment, we can all as human beings have and give our emotional feelings and opinions to others to make them feel a true sense of fulfillment, the best way it can be felt, which is through communication and kindness not just something material that has no memorable feeling behind it.